**DAMES**

| Naam | 1e Astrea cc loop Tijd | Steemer Omloop Tijd | Hypolitusrun Tijd | Astrea Fakiden Tijd | Mini Marathon Ten Boer Tijd | Thaisner Dorpsrun Tijd | Ekensteinloop Appingedam Tijd | Beste tijd |
|---|---|---|---|---|---|---|---|---|
| Marieke Otten | 00:21:50 | 00:22:39 | 00:23:38 | | | | | **00:21:50** |
| Anne Rixt Epema | 00:23:09 | x | 00:23:32 | | | | | **00:23:09** |
| Femke Schrijvers | 00:23:33 | x | x | | | | | **00:23:33** |
| Yvon van Geijn | 00:24:49 | x | x | | | | | **00:24:49** |
| Maxime van Deemter | 00:25:15 | 00:25:25 | 00:27:53 | | | | | **00:25:15** |
| Sonja Hoogstra | 00:25:18 | 00:26:05 | 00:25:05 | | | | | **00:25:05** |
| Elske de Boer | 00:25:41 | 00:24:58 | x | | | | | **00:24:58** |
| Paulien Hingstman | 00:25:52 | 00:25:06 | 00:25:23 | | | | | **00:25:06** |
| Evelien Eskens | 00:25:53 | 00:26:43 | 00:25:35 | | | | | **00:25:35** |
| Annemaj Kuipers | 00:27:22 | 00:26:19 | 00:26:12 | | | | | **00:26:12** |
| Johanna de Bruin | 00:28:47 | x | x | | | | | **00:28:47** |
| Lilian Veldman | 00:30:19 | 00:33:19 | 00:32:21 | | | | | **00:30:19** |
| Hilda Kuipers | 00:30:37 | 00:30:40 | 00:30:00 | | | | | **00:30:00** |
| Sjoukje Bouma | 00:33:59 | x | x | | | | | **00:33:59** |
| Maaike Pulles | x | 00:29:28 | x | | | | | **00:29:28** |
| Annelies Moguella | x | 00:25:52 | x | | | | | **00:25:52** |
| Masja van der Meer | x | 00:28:22 | 00:27:35 | | | | | **00:27:35** |

| Naam | Punten | Punten | Punten | Punten | Punten | Punten | Punten | Totaal |
|---|---|---|---|---|---|---|---|---|
| Marieke Otten | 50 | 50 | 49 | | | | | **149** |
| Anne Rixt Epema | 49 | x | 50 | | | | | **99** |
| Femke Schrijvers | 48 | x | x | | | | | **48** |
| Yvon van Geijn | 47 | x | x | | | | | **47** |
| Maxime van Deemter | 46 | 47 | 43 | | | | | **136** |
| Sonja Hoogstra | 45 | 45 | 48 | | | | | **138** |
| Elske de Boer | 44 | 49 | x | | | | | **93** |
| Paulien Hingstman | 43 | 48 | 47 | | | | | **138** |
| Evelien Eskens | 42 | 43 | 46 | | | | | **131** |
| Annemaj Kuipers | 41 | 44 | 45 | | | | | **130** |
| Johanna de Bruin | 40 | x | x | | | | | **40** |
| Lilian Veldman | 39 | 39 | 41 | | | | | **119** |
| Hilda Kuipers | 38 | 40 | 42 | | | | | **120** |
| Sjoukje Bouma | 37 | x | x | | | | | **37** |
| Annelies Moguella | x | 46 | x | | | | | **46** |
| Maaike Pulles | x | 41 | x | | | | | **41** |
| Masja van der Meer | x | 42 | 44 | | | | | **86** |

**Heren**

| Naam | 1e Astrea cc loop Tijd | Steemer Omloop Tijd | Hypolitusrun Tijd | Astrea Fakiden Tijd | Mini Marathon Ten Boer Tijd | Thaisner Dorpsrun Tijd | Ekensteinloop Appingedam Tijd | Beste tijd |
|---|---|---|---|---|---|---|---|---|
| Freek Welbedacht | 00:18:18 | 00:19:18 | 00:18:43 | | | | | **00:18:18** |
| Remco Oost | 00:20:26 | 00:19:23 | 00:19:22 | | | | | **00:19:22** |
| Peter van Dam | 00:20:58 | 00:20:04 | 00:19:41 | | | | | **00:19:41** |
| Johan Tiemersma | 00:22:33 | 00:22:25 | 00:22:14 | | | | | **00:22:14** |
| Kevin Tempel | 00:23:26 | x | 00:23:51 | | | | | **00:23:26** |
| Jan Ekens | 00:24:08 | 00:23:32 | 00:23:40 | | | | | **00:23:32** |
| Marcel van den B. | 00:24:15 | 00:23:25 | 00:25:30 | | | | | **00:23:25** |
| Ad Peltenburg | 00:24:46 | 00:24:11 | x | | | | | **00:24:11** |
| Patrick Dijkstra | 00:25:00 | x | x | | | | | **00:25:00** |
| Henk Kamsma | x | 00:20:27 | x | | | | | **00:20:27** |
| Roel Douwes | x | 00:28:57 | 00:27:44 | | | | | **00:27:44** |
| | | | | | | | | **00:00:00** |
| | | | | | | | | **00:00:00** |
| | | | | | | | | **00:00:00** |
| | | | | | | | | **00:00:00** |
| | | | | | | | | **00:00:00** |

| Naam | Punten | Punten | Punten | Punten | Punten | Punten | Punten | Totaal |
|---|---|---|---|---|---|---|---|---|
| Freek Welbedacht | 50 | 50 | 50 | | | | | **150** |
| Remco Oost | 49 | 49 | 49 | | | | | **147** |
| Peter van Dam | 48 | 48 | 48 | | | | | **144** |
| Johan Tiemersma | 47 | 46 | 47 | | | | | **140** |
| Kevin Tempel | 46 | x | 45 | | | | | **91** |
| Jan Ekens | 45 | 44 | 46 | | | | | **135** |
| Marcel van den B. | 44 | 45 | 44 | | | | | **133** |
| Ad Peltenburg | 43 | 43 | x | | | | | **86** |
| Patrick Dijkstra | 42 | x | x | | | | | **42** |
| Henk Kamsma | x | 47 | x | | | | | **47** |
| Roel Douwes | x | 42 | 43 | | | | | **85** |
| | | | | | | | | **0** |
| | | | | | | | | **0** |
| | | | | | | | | **0** |
| | | | | | | | | **0** |